Making the Most of One’s Self

✧ A Seven-Point Creed ✧

John Wooden

1. Be true to yourself.

2. Make each day your masterpiece.

3. Help others.

4. Drink deeply from good books, especially, the Bible.

5. Make friendship a fine art.

6. Build a shelter against a rainy day.

7. Pray for guidance and give thanks for your blessings everyday.

Given to John by his father upon graduation from grammar school