



# **Making the Most of One's Self**

✧ A Seven-Point Creed ✧

John Wooden

1. Be true to yourself.
2. Make each day your masterpiece.
3. Help others.
4. Drink deeply from good books, especially, the Bible.
5. Make friendship a fine art.
6. Build a shelter against a rainy day.
7. Pray for guidance and give thanks for your blessings everyday.

Given to John by his father  
upon graduation from grammar school

