

# *Believe*

One word before today's match/game/meet:  
**BELIEVE!**

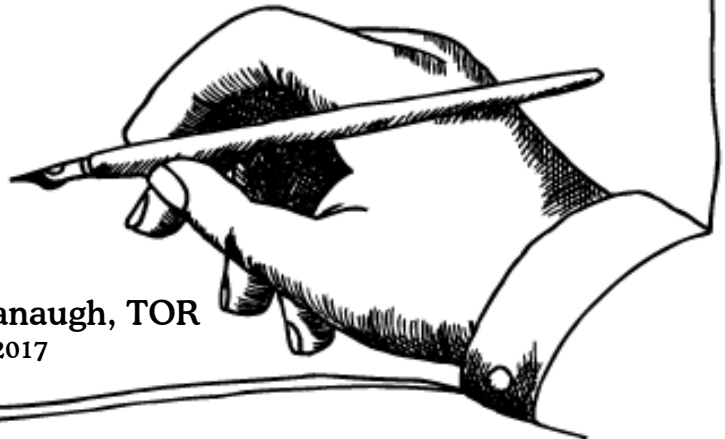
**B**ELIEVE in your God,  
who gave you unequaled talents and abilities to  
excel;

**B**ELIEVE in your coaches,  
in their preparations, understanding of the game, and  
their belief in you;

**B**ELIEVE in your teammates,  
trust one another, sacrifice for one another,  
encourage one another;

**B**ELIEVE in yourself,  
in your training, your commitment, your  
perseverance despite setbacks and obstacles;

**Now, go out there and act on what you**  
**BELIEVE!**



Fr. Brian Cavanaugh, TOR  
1/14/2017