



Courage Builds Self-Respect

Rabbi Zelig Pliskin, "Courage"

DAILY LIFT, #428

<http://www.aish.com/sp/dl/46121442.html>

Courage builds self-respect. When you sacrifice for principles and ideas, you increase your self-respect. When you face a painful situation and react with dignity, you increase your self-respect.

When you say, 'No,' to temptation even though others will try to persuade you to say, 'Yes,' you increase your self-respect. When you don't allow opposition to stop you from doing what you know must be done, you increase your self-respect.

In short, every act of courage makes you feel better about yourself.

