

Apple Seeds®

Franciscan University of Steubenville
Steubenville, OH 43952-1763

Email: appleseeds@franciscan.edu ♦ Web Site: <http://www.appleseeds.org>



Volume 21, # 6

February 2006

ASK YOURSELF

Jim Rohn

www.jimrohn.com

“You must constantly ask yourself these questions: Who am I around? What are they doing to me? What have they got me reading? What have they got me saying? Where do they have me going? What do they have me thinking? And most important, what do they have me becoming? Then ask yourself the big question: Is that okay?”



February

OUR CONSCIENCE

Michel de Montaigne

“Our conscience must reform itself through strengthening of our reason, not through the weakening of our appetite.”

A CONSTANT DANGER Pope John Paul II

“A constant danger with Christians, even zealous Christians is that they become so immersed in the work of the Lord that they neglect the Lord of the work.”

ON LEARNING

Lord Acton

The Practical Cogitator, p. 143

“Learn as much by writing as by reading; be not content with the best book; seek sidelights from others; have no favorites; keep men and things apart; guard against the prestige of great names; see that your judgments are your own, and do not shrink from disagreement; no trusting without testing; be more severe to ideas than to actions; do not overlook the strength of the bad cause or the weakness of the good; never be surprised by the crumbling of an idol or the disclosure of a skeleton; judge talent at its best and character at its worst; suspect power more than vice...”

ON ENCOURAGEMENT

Anonymous

“People have a way of becoming what you encourage them to be—not what you nag them to be.”

WISDOM SEEDS

William Arthur Ward

“Wise is the person who profits from the mistakes of the past, recognizes the opportunities of the present, and anticipates the challenges of the future.”

“Committing a great truth to memory is admirable; committing it to life is wisdom.”

A BURNING DESIRE

Napoleon Hill

Think & Grow Rich, p. 39

“A burning desire to be and to do is the starting point from which the dreamer must take off. Dreams are not born of indifference, laziness or lack of ambition.”

STRENGTH OF THE EFFORT

James Allen

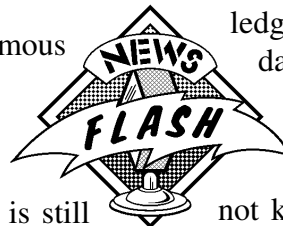
As a Man Thinketh, p. 65

“The thoughtless, the ignorant, and the indolent, seeing only the apparent effects of things and not the things themselves, talk of luck, of fortune, and chance.... They do not see the trials and failures and struggles which these men have voluntarily encountered in order to gain their experience; have no knowledge of the sacrifices they have made, of the undaunted efforts they have put forth, of the faith they have exercised, that they might overcome the apparently insurmountable, and realize the Vision of their heart. They do not know the darkness and the heartaches; they only see the light and joy, and call it ‘luck’; do not see the long and arduous journey, but only behold the pleasant ‘good fortune’; do not understand the process; but only perceive the result, and call it ‘chance.’”

LOOK-LEARN-ACT

Anonymous

“To *Look* is one thing.
To *See* what you look at is another.
To *Understand* what you see is a third.
To *Learn* from what you understand is still something else.
But to *Act* on what you learn is all that really matters.”



In all human affairs there are *efforts* and there are *results*, and the strength of the effort is the measure of the result.”

PRAYER OF THE DAWN Denise Barker
LIVING FAITH, Sept. 5, 1994

“Each dawn we begin anew, a new day in which the will of God, the building of the kingdom will be worked out.

Each dawn we renew our relationship with God in prayer, humbly asking for what we think we need, faithfully receiving what comes our way, lovingly carrying out our chores in the continuing creation of the world.”



METAPHORS & IMAGES Ernest Kurtz
Spirituality of Imperfection, p. 17

“Metaphors govern understanding by suggesting that an unknown and ineffable entity, life, can best be understood as a activity one knows something about.

Images—detailed portraits or panoramic pictures stored in the mind’s memory drawers—also have their role in moving our understanding toward the ‘standing under’ that is *experience*, a term that conveys a kind of ‘seeing’ that both ‘thinks’ and ‘feels.’”

GOOD CONVERSATION *Bits & Pieces*, Vol. 21, # 2, p. 10

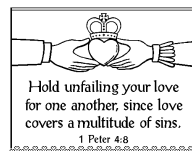
“In a good conversation, people listen as much as they speak. Therefore, it pays to work on your ability to listen. Here’s how:

Let the speaker know you’re interested. Don’t let your eyes stray. Be responsive. Show signs of understanding...anything to show your interest. Ask questions. That’s probably the best way to become a better listener....”

THE CLADDAGH RING Anonymous
Fresh Packet of Sower’s Seeds, # 93

Some years ago divers located a 400-year-old sunken ship off the coast of Ireland. Among the treasures they found on the ship was a man’s wedding ring. When it was cleaned up, the divers noticed that the ring had an inscription on it. Etched on the wide band were two hands holding a heart. Under the etching were these words: “I have nothing more to give you.”

Of all the treasures found on that sunken ship, none moved the divers more than that Claddagh ring and its beautiful inscription.



SET A GOAL Andrew Carnegie

“If you want to be happy, set a goal that commands your thoughts, liberates your energy, and inspires your hopes.”

TAO TE CHING Lao Tzu

“There is no greater sin than desire,
No greater curse than discontent,
No greater misfortune than wanting something for oneself.
Therefore, he who knows that enough is enough will always have enough.”

PRESS ON Earl Nightingale
INSIGHT, # 63, p. 25

“We’re forever hearing the old comment that people shouldn’t try to do more than they’re equipped to handle. How do we know what we’re equipped to handle unless we keep pressing? It’s amazing how our capacity enlarges when we work on new and difficult projects. We find we have all kinds of reserve powers and abilities.”

REALLY LIVE Dr. Norman Vincent Peale

“Look deeply within yourself and remember that no person really lives until he or she has awakened to the dormant powers within.”

WAIT FOR YOUR SOUL Lettie Cowman
Springs in the Valley (1939, 1968), p. 211

There’s a story of some adventurers who got together and planned an African safari. They saved their money, bought tickets, mapped out their safari, and hired an African guide and porters. They arose early in the morning to begin their trek deep into the jungle. They pressed hard the first day.

When the sun went down, they pitched their tents and set up camp for the night. Early the next morning, the adventurers were ready to go again, eager with anticipation to get farther into the jungle and see more wild animals. They noticed that the porters, though, would not move. In frustration, one of the adventurers went and asked to guide, “What’s the problem?”

The guide informed him that they had gone too fast the first day, and that they were now waiting for their souls to catch up with their bodies.

Not a bad idea. Maybe you need to look at your life last week. Have you allowed your soul to catch up with your body, to restore life’s balance?