

ON EDUCATION

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"Education is knowing where to go to find out what you need to know; and it's knowing how to use the information you get."

THE SEASONS OF LIFE Jim Rohn, p. 71

"Life is truly a constant beginning, a

constant opportunity, a constant springtime. We need only to learn once again as we did as children, letting fascination and curiosity give us welcome cause for taking a second look, rather than taking for granted. Fortune, happiness, and peace of mind await those who learn to look for the miraculous hidden among the common. The unique blending of sun, soil, and seed at the springtime of seasons will provide predictable and miraculous results for those who will learn to take full and complete advantage of spring."

HEIGHTS YOU CAN SOAR

Anonymous

"No one can predict to what heights you can soar. Even you will not know until you spread your wings."

WORDS – POWERFUL TOOLS William Arthur Ward

"Words, our primary source of communication, are more then letters pierced together to form a concept. They are powerful tools to be used with the awareness that words make a difference.

Words spoken with love offer a constructive and fulfilling meal of praise, encouragement, gratitude, apology, or forgiveness to a hungry listener. They can bring = positive change into another person's life.

Our words can cut or comfort, hinder or help, harass or heal, injure or inspire...Each time we speak we deliver our own state of the heart

time we speak we deliver our own state of the heart address."

OPTIMIST – PESSIMIST Michel de Sainte-Pierre

"An optimist may see a light where there is none, but why must the pessimist always run to blow it out."

EVERY KIND WORD

William Feather

Anonymous

"If someone were to pay you ten cents for every kind word that you have spoken about people, and collect five cents for every unkind word, would you be rich or in debt?"

DISTRACTIONS IN PRAYER Sr. Vilma Seelaus, OCD Distractions in Prayer: Blessing or Curse, p. viii

"The subtlety of distractions and their complexity of meanings surfaced...I discovered that distractions might actually be the voice of God inviting the person to deeper union with God, for as Rahner points out, 'any intra-worldly reality or experience can be a moment of grace, a revelatory moment, because our experience of the divine within, of transcendental revelation, is always brought about or mediated through our being-in-the-world, through worldly experience.' God can indeed, and does communicate to us through our distractions."

PUBLIC SPEAKING

H.H Brackenridge

"In order to speak short upon any subject, think long."

ON VOLUNTEERING

INSIGHT, #115

"Allan Luk's research on volunteering revealed that when people become involved in helping someone in a state of need, they experience feelings that can be described as euphoric, and even addictive. In addition, they experience a tremendous feeling of selfworth."

FAITH – THEOLOGY

Frederick Buechner

"Faith is different from theology because theology is reasoned, systematic, orderly, whereas faith is disorderly, intermittent, and full of surprises."



FORGIVENESS IS A CHOICE Robert D. Enright, Ph.D

..."Forgiving is a choice. It is a gift given to someone who doesn't deserve it....Also keep in mind that we have no right to demand that others forgive us simply because we have asked for forgiveness....

The forgiveness process, properly understood and used, can free those bound by anger and resentment. It does not require accepting injustice or remaining in an abusive situation. It opens the door to reconciliation, but it does not require trusting someone who has proven untrustworthy. Even if the offender remains unrepentant, you can forgive and restore a sense of peace and well-being to your life. The choice is yours."

AN IRISH BLESSING

"Trust in Him to whom we all pray.

May a song fill your heart every step of the way."

HABITS OF AN IRISH KING

Bits & Pieces, Vol. 20, #3, March '87

Anonymous

"In ancient times, an Irish king was asked how he had achieved his station in life. Said he: 'I was a listener in woods, I was a gazer at stars, I was blind where secrets were concerned, I was silent in a wilderness, I was talkative among many, I was mild in the mead-hall, I was stern in battle, I was gentle toward allies, I was a physician to the sick, I was weak toward the feeble, I was strong toward the powerful, I did not deride the old though I was young, I would not speak of anyone in his absence, I would not reproach, but I would praise, I would not ask, but I would give, for it is through these habits that the young become old and kingly warriors.""

DAILY SPIRITUALITY Ernest Kurtz

The Spirituality of Imperfection, p. 102

"It remains true that spirituality like *daily bread*, comes 'one day at a time.' Each day requires constant rediscovery and continually new insight into what it means to be human, what it means to exist as a fully human being."

SECRET OF HAPPINESS Source Unknown

A Chinese tale says that once, long ago, there was a household so happy that for nine generations none

of its members had left it, except the daughters that marriage had taken away.

The fame of such domestic bliss reached the ears of the emperor. He sent an envoy to discover the secret.

The old father of the house, taking paper and brush, painted many characters, then handed his answer to the imperial envoy.

When the emperor unrolled the scroll, there was written three things to exercise every day:

1. Patience with circumstances,

- 2. Patience with others,
- *3. Patience with ourselves.*

SUCCESS IN LIFE

C.W. Wendte

"Success in life is a matter not so much of talent or opportunity as of concentration and perseverance."

CONTRACT WITH YOURSELF John Marks Templeton Discovering the Laws of Life, p. 136

"...You can choose to make a contract with yourself to do only deeds you will be proud of in the future. The contract is a commitment to live in your own integrity, regardless of whether others around you choose to live in theirs. Try to remember that in the end, it is you who must benefit by living in honor and integrity. It is the key to good health, good relationships, and self-esteem."

LUCIFER, THE LIGHTBEARER Source Unknown

According to ancient legends, God created the angels to worship and serve Him. Then, after he had begun the creation of the world but before the creation of human beings, God granted the angels a vision, not only of humankind but of the Christ.

To the angels, this was a strange command – that

they, pure spirits, should so defer to beings lesser than themselves, creatures mingled with matter.

Now it happened that of all the angels God created, the most beautiful and most brilliant was Lucifer, the "Lightbearer." This greatest of all the angels, immersed in his own brilliance and enamored of his own beauty, refused God's command, declaring, "I will not serve!"

And so Lucifer and the angels who followed him were cast out from Heaven, becoming the bad angels we refer to as "devils."



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