

GREAT THINGS TODAY! DAILY WORDS, Aug. 1992

"Great things can happen today! This day becomes special for me as I become open to its possibilities. Today has been freely given to me. I share it freely with others by being generous with my time, attention, and activities. I give back to this day my gifts of hope, trust, life, love and creativity."

CARE FOR THE EARTH Sabbath Newsletter, 1991

"Our life is bound up with the life of the earth. Its future is our future and because of that we have to care for it as well as enjoy its bounty....Unless we all work together, solutions cannot be found."

MORE HUMAN

Anonymous

"Show yourself more human than critical and your pleasure in life will increase."

VENTURE BEYOND

Mrs. Charles Cowman Springs in the Valley, p. 74

"So few men venture out beyond the blazed trail, "Tis he who has the courage to go past this sign That cannot in his mission fail. He will have left at least some mark behind To guide some other brave exploring mind."

TURNING POINT

Brennan Manning A Stranger to Self-Hatred

"The great turning point in your life comes not when you realize that you love God but when you realize and fully accept the fact that God loves you unconditionally."

POWER OF UNIQUENESS Arthur F. Miller

"Perhaps you are unaware of the facts that you are the customized expression of a loving God....You have been endowed with a unique mix of competencies and the desire to use them in pursuit of an outcome of unrivaled personal importance. Your life has meaning built into it. Effectively, you have an exciting, challenging, and achievable destiny. If you will but discover and embrace who you are designed to

A BETTER WAY TO LIVE Og Mandino, p. 60

"RULE THREE: ... Whenever you make a mistake or get knocked down by life, don't look back too long. Mistakes are life's ways of teaching you. Your capacity for occasional

blunders is inseparable from your capacity to reach your goals. No one wins them all, and your failures, when they happen, are just part of your growth. Shake off your blunders. How will know your limits without an occasional failure? Never quit. Your turn will come."

WISDOM SEEDS

be."

William Arthur Ward

"Pleasure brightens briefly, like a match; Happiness flickers longer, like a candle; Joy glows constantly, like an eternal flame."

DEEP-SEATED TROUBLE

"If your trouble is deep-seated and long-standing, try kneeling."

ABANDON PRETENSE

Anonymous

Mack McGinnis

"Enthusiasm is the least expensive yet most effective cosmetic in the world. Being 'laid back' may be considered cool in some circles, but the people

who get what they want in life are expressive and alive in their actions. They abandon pretense and get flat out excited about what they are doing."

INSPIRING LEADERS

Kouses & Posner The Leadership Challenge, 21

"INSPIRATION: We expect our leaders to be enthusiastic, energetic, and positive about the future. We expect them to be inspiring – a bit of the cheerleader, as a matter of fact. It is not enough for a leader to have a dream about the future. He or she must be able



to communicate the vision in ways that encourage us to sign on for the duration."

THE THREE NEEDS

Ernest Kurtz, et al The Spirituality of Imperfection, p. 173

"Fr. Richard Rohr...counsels that spirituality involves the 'letting go' of three needs: the need to be in control, the need to be effective, and the need to be right."

DIGNITY OF CHOICE

Jim Rohn

"Every life form seems to strive to its maximum except for human beings. How tall will a tree grow? As tall as it possibly can. Human beings, on the other hand, have been given the dignity of choice. You can choose to be all or you can choose to be less. Why not stretch up to the full measure of the challenge and see what you can do?"

ADVICE FOR SPEAKERS Source Unknown

President Franklin Delano Roosevelt had advice for public speakers: "Be sincere, be brief, be seated."

WISDOM & VIRTUE Japanese Proverb

"Wisdom and virtue are like two wheels of a cart."

CELTIC SPIRITUALITY

Esther de Waal WEAVINGS, June 1987

"Celtic spirituality was a practice in which ordinary people in their daily lives took the tasks that lay to hand but treated them sacramentally, as pointing to a greater reality which lay beyond them.

...As we watch these people and listen to them, it is tempting to put the blame for our own lack of everyday piety on a society in which time has been

conquered and technology determines the way we run our lives. But the loss ultimately lies within ourselves. Ironically, when travel and the media have blown all horizons wide open, our own inner horizons seem to have become narrower and our vision contracted. How can we find again the seeing eye and the feeling touch?

Essentially this is a spirituality which asks of us a return to greater awareness...What the Celtic understanding brings us is the chance to break down the barrier between the active and the contemplative life and instead to make the busy, boring, relentless daily life tasks the basis for continuous praying and for finding the presence of God...

Perhaps the first step is that we really should want to unearth God in our midst...Yet, if we can rediscover this vision, then we too may be able to transform what lies to hand, let the mundane become the edge of glory, and find the extraordinary in the ordinary."

3 WAYS TO STUDY SCRIPTURE Fr. Brian Cavanaugh, TOR

- 1. INFORMATIONAL: gathering of facts and data; of people, places and events...*head knowledge*.
- 2. INSPIRATIONAL: enkindling of an inner fire to be led by God's Word...*heart knowledge*.
- 3. INCARNATIONAL: The Word becomes deeply rooted within and bears abundant fruit through words and deeds...*spirit knowledge*.

ADJUSTMENTS IN LIFE Dr. S.M. Henriques God Can Handle It – Day By Day, 119

"Occasionally, scientists add a leap second to their atomic clocks, making that particular month onesixtieth of a second longer. Atomic clocks run independently of the rotation of the Earth, and occasionally have to be adjusted. Our planet's rotation at times speeds up and sometimes slows down – something scientists haven't yet been able to understand. [A positive leap second will be introduced at the end of June 2012].

Why is it important that one tiny second be added to the world's clocks? In our day, exact time is needed for modern navigation, among other things.

Ships and aircraft use satellite signals and radios waves to help determine their location. An error as

tiny as a millionth of a second can produce a position error of a quarter mile. That may not matter much when a ship is in the middle of the ocean, but it is not a very good thing to happen whenever a pilot is attempting to land a jumbo jet on a runway....

So, to keep everything running the way it should, an adjustment has to be made to the atomic clocks.

As well, it serves us wisely to stop periodically to examine ourselves before God and make any adjustments which appear to be necessary."

