



Courage is Necessary

Rollo May

In human beings courage is necessary to make being and becoming... possible. An assertion of the self, a commitment, is essential if the self is to have any reality. This is the distinction between human beings and the rest of nature. The acorn becomes an oak by means of automatic growth; no commitment is necessary....

But a man or woman becomes fully human only by his or her choices and his or her commitment to them. People attain worth and dignity by the multitude of decisions they make from day to day.

These decisions require courage! Courage is essential to our being.