FEEL NEW HOPE  Jim Rohn

“My own life was completely transformed because of the inspiring and encouraging words of one man who saw in me more than I was then able to see in myself. That, in the final analysis, is the greatest contribution we can make to the life of another – to enable them to feel new hope, sense new emotions, and see new possibilities.”

FEAR – COURAGE  Gen. John F. Kelly, USMC

“Fear is an instinct
But courage is a decision.”

SURPRISED BY LIGHT  Ulrich Schaffer

“We hesitate, but want to go on.
We are fearful, but want to learn.
We are timid, but want to be courageous.
We shrink back, and yet want to grow.
We have to take courage and jump.
We have to cut the ropes and set ourselves adrift.
We have to leave the solid ground to learn to swim.
We have to sacrifice our security and take risks.”

CONSIDER  Epictetus

“In every affair, consider what precedes and what follows and then undertake it.”

INTEGRITY SHORTAGE  HUMAN DEVELOPMENT, 8, # 3

“...To develop the qualities of honesty and fidelity, as Maslow’s studies revealed, one has to be challenged to become a person with character and also be provided with inspiring and vivid examples of persons demonstrating the desirable virtues in their everyday actions. What this means, in fact, is that parents, educators, coaches, clergy, business and professional persons...need first to act with transparent integrity in their own private and public lives and then to invite the young to do likewise.”

GOD NURTURES  M. Scott Peck

The Road Less Traveled, p. 271

“The idea that God is actively nurturing us so that we might grow up to be like Him brings us face to face with our own laziness.”

BEST CONVERSATIONALISTS  Earl Nightingale

INSIGHT, #60, 21

“It’s curious, but a fact nonetheless, that the best listeners are often considered by others to be marvelous conversationalists. In the hierarchy of human needs, recognition is number one. We don’t recognize people by talking to them; we recognize them by listening to what they have to say, until they overdo it. Knowing when to speak and when to listen is a rather sensitive thing. It’s just a matter of good manners. And there’s nothing wrong with silence.”

FIND THE TRUTH  Etienne Gilson

“It is not hard to find the truth; what is hard is not to run from it once you have found it.”

WONDER OF WORK  Anonymous

“When we have to keep our eye on the ball, our ears to the ground, our shoulder to the wheel, our nose to the grindstone, our head level and both feet firmly planted on the ground, the wonder is we get any work done in such a position.”

ONLY A FEW DARE  William H. Danforth

I Dare You, p. 6

“The world is full of unused talents and latent ability. The reason these talents lie buried is that the individual hasn’t the courage to dig them up and use them.
Everybody should be doing better than he or she is, but only a few dare.”

**Say, ‘thank you’**

William Arthur Ward

“God gave you a gift of 86,400 seconds today. Have you used one to say ‘thank you.’”

**On vacations**

Leonardo da Vinci

“Every now and then go away, have a little relaxation, for when you come back to your work your judgment will be surer. Go some distance away because then the work appears smaller and more of it can be taken in at a glance and a lack of harmony and proportion is more readily seen.”

**Heroic leadership**

Chris Lowney, 19

“[A] leader’s most compelling leadership tool is who he or she is: a person who understands what he or she values and wants, who is anchored by certain principles, and who faces the world with a consistent outlook. Leadership behavior develops naturally once this internal foundation has been laid. If it hasn’t been, mere technique can never compensate.”

**Rethink your paradigm**

Joel Barker, *Future Edge*, (1992)

If people would have been asked in 1968 which nation would dominate the world in watch making during the 1990s and into the twenty-first century the answer would have been uniform: Switzerland. Why? Because Switzerland had dominated the world of watch making for the previous sixty years.

The Swiss made the best watches in the world and were committed to constant refinement of their expertise. It was the Swiss who came forward with the minute hand and the second hand. They led the world in discovering better ways to manufacture the gears, hearings, and mainsprings of watches. They even led the way in waterproofing techniques and self-winding models. By 1968, the Swiss made 65 percent of all watches sold in the world and laid claim to as much as 90 percent of the profits.

By 1980, however, they had laid off thousands of watch-makers and controlled less than 10 percent of the world market. Their profit domination dropped to less than 20 percent. Between 1979 and 1981, fifty thousand of the sixty-two thousand Swiss watchmakers lost their jobs. Why? The Swiss had refused to consider a new development – the Quartz movement – ironically, invented by a Swiss. Because it had no main-spring or knob, it was rejected. It was too much of a paradigm shift for them to embrace. Seiko, on the other hand, accepted it and, along with a few other companies, became the leader in the watch industry.

The lesson of the Swiss watchmakers is profound. A past that was so secure, so profitable, so dominant was destroyed by an unwillingness to consider the future. It was more than not being able to make predictions – it was an inability to re-think how they did business. Past success had blinded them to the importance of seeing the implications of the changing world and to admit that past accomplishment was no guarantee of future success.

**Good humor**

Grenville Kleiser

Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment.”

**On reverence**

Donald De Marco

*The Many Faces of Virtue*, p. 28

“Reverence and humility are kindred virtues. The humble man, because he is not inflated by his own accomplishments, possesses a certain realism that disposes him to have reverence for the things of God. Humility flows from a realistic appraisal of self, reverence flows from a realistic appraisal of God and His creation. If one is not humble, he is not likely to be reverent.”

**Develop the soul**

Alexander Solzhenitsyn

“The meaning of earthly existence lies, not as we have grown used to thinking, in prosperity, but in the development of the soul.”

**Shake the tree**

Anthony de Mello, SJ

Said a disappointed retreatant to the Retreat Master, “Why has my stay here yielded no fruit?”

“Could it be because you lacked the courage to shake the tree?” replied the Master.