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## SECRET OF LEARNING Fr. Leonard Vickers, OSB

“Learning is a search for truth. Learning isn’t finding the answers to everything in life. The great secret of learning is knowing we’ll never understand everything.

“Learning is deepening our understanding of what life is all about. Your faith is deepened through knowledge.”

## BRING OUT EXCELLENCE Dr. Ted Engstrom

“The DECISION to go after a goal is the key to SUCCESS. The DETERMINATION to stay with it is what brings out the quality of EXCELLENCE.”

## MASTER MY EMOTIONS Og Mandino *The Greatest Salesman in the World*

“**Scroll 6:** ‘Today I will master my emotions.’

“If I will bring rain and gloom and darkness and pessimism to others then they will react with rain, gloom, darkness and pessimism. If I bring joy and enthusiasm and brightness and laughter to others they will react with joy, enthusiasm, brightness and laughter.

“Each day, when I awaken, I will follow this plan of battle before I am captured by the forces of sadness, self-pity and failure –

- If I feel depressed I will sing.
- If I feel sad I will laugh.
- If I feel ill I will double my labor.
- If I feel fear I will plunge ahead.
- If I feel inferior I will wear new clothes.
- If I feel uncertain I will raise my voice.
- If I feel incompetent I will remember past successes.
- If I feel insignificant I will remember my goals.”

## PRAY AS JESUS DID Fr. James Keller, MM

“Action should spring out of reflection and prayer. The mind sees, and with the help that God supplies, the will is

moved to do so. Your every effort at prayer deepens and strengthens your own spiritual power. As your spiritual is deepened, you will desire more and more to bring something of that power to others.



## QUALITY FOR A LEADER Dwight D. Eisenhower

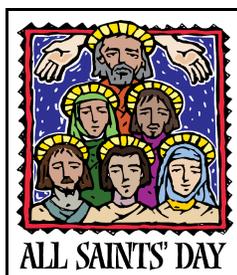
“In order to be a leader a man must have followers. And to have followers, a man must have their confidence. Hence, the supreme quality for a leader is unquestionably integrity. Without it, no real success is possible, no matter whether it is on a section gang, a football field, in an army, or in an office. If a man’s associates find him guilty of being phony, if they find that he lacks forthright integrity, he will fail. His teachings and actions must square with each other. The first great need, therefore, is integrity and high purpose.”

## SEAT OF GOD St. Thomas Aquinas, OP *De Beatitudine*, iii, 3

“Great is the blindness and exceeding the folly of many souls that are ever seeking God, continuously sighing after God, and frequently desiring God: while, all the time, they are themselves the tabernacles of the living God...since their soul is the seat of God, in which he continuously reposes.”

## A DEFINITE GOAL Royal Bank of Canada, Vol. 56, #12

“Men and women have gone by many ways to seek a happy life. Some have failed because they set themselves no definite goal, but drifted here and there, always hoping to come upon the land of their vague dreams. Anyone who values present comfort more highly than the attainment of a purpose is contributing to disillusionment and disappointment, because it is uncomfortably true that no person ever passes his or her self-imposed limitations.”



## TIME LOST

Dietrich Bonhoeffer

“Time lost is time in which we have failed to live a human life, gain experience, learn, create, enjoy, and suffer; it is time that has been filled up, but left empty.”

## THANKSGIVING POWER

C. Neil Strait

“Thanksgiving puts power into living, because it opens the generators of the heart to respond gratefully, to receive joyfully, and to react creatively.”

## ON DETERMINATION

Adm. Hyman Rickover

“Nothing worthwhile can be accomplished without determination....Good ideas are not adopted automatically. They must be driven into practice with courageous patience.”

## WHAT HAVE I LEARNED

Dr. Albert Schweitzer

1. “If you have something difficult to do, don’t expect people to roll stones out of your way.
2. It is not necessary to go off on a tour of great cathedrals in order to find the Deity. Look within. You have to sit still to do it.
3. Reverence for life is where religion and philosophy can meet and where society must try to go.
4. The misery I have seen gives me strength, and faith in others supports my confidence in the future.”

## FIND YOUR VOCATION

Earl Nightingale

“Art & the Real World,” *INSIGHT*, #72, p. 16

“Van Gogh was late in becoming an artist. He began at the age of 27, and his enormous output – 840 paintings and 850 drawings and watercolors – was completed during the last ten years of his life. He was always desperately poor. Only one painting was sold during his lifetime (to his brother),...Blows, disappointments and discouragements followed him everywhere. Yet, he painted furiously until the end, doing 70 paintings and more than 30 drawings in the last 70 days of his life.

“His name was virtually unknown when he died. In 1883, he wrote: ‘In my opinion, I am often *very*

*rich*. Not in money, but...rich because I have found my vocation, something for which I can live with heart and soul, and which gives life inspiration and meaning.”



## ON BEST FRIENDS

Henry Ford

“Writing to Dr. Norman Vincent Peale, Henry Ford wrote, ‘your best friend is the person who brings out the best in you.’”

## DEVELOPING CHARACTER

Helen Keller

“Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.”

## HISTORY OF THE NATIONAL HOLIDAY

“Thanksgiving Day is a national holiday in the United States commemorating the harvest of the Plymouth Colony in 1621. The event followed a winter of great hardship.

“When it was first inaugurated, only a few eastern states participated. However, through the effort of Sarah Hale a change was effected. She was fired with the determination of having the whole nation join together in setting apart a national day for giving thanks “unto Him from who all blessings flow.” To this end, she resolutely engaged the press with an endless flow of letters and articles to the various newspapers and journals of her time. In addition, she pleaded long and earnestly with three Presidents: Fillmore, Pierce and Buchanan during the period of 1852, when her campaign succeeded in uniting 29 states in marking the last Thursday of November as “Thanksgiving Day.”

“Then came the dark days of the Civil War. Who would listen to a lone woman with her persistent plea for “just one day of peace amidst the blood and the strife”? One man did; her entreaty won the ear of a great American, and in 1863 President Abraham Lincoln officially proclaimed the last Thursday of November as a day set apart for the national giving of thanks unto Almighty God.

Lincoln lived to see only two such occasions, but Sarah Hale lived well on into her late 90's, content that her long-cherished hope had at last become a reality.”

*An Abundance of Thanks*

