



# Apple Seeds®

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## NEW YEAR PAGE

Edith Lovejoy Pierce

“We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year’s Day.”



lished his task; who leaves the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who never lacked appreciation of earth’s beauty or failed to express it; who looked for the best in others and gave the best he had.”

## WITH ENTHUSIASM

Og Mandino

*The Greatest Salesman in the World*, 101

“Without enthusiasm one is doomed to a life of mediocrity but with enthusiasm one can accomplish miracles.”

## RULES FOR HEALTH

Bishop Rembert Kowalski

“Talk less – listen more.  
Use the TV less – think more.  
Drive less – walk more.  
Sit less – kneel more.  
Rest less – work more.  
Self less – others more.  
Hate less – love more.  
Eat less – live longer.”

## TAKING ACTION

Rabbi Zelig Pliskin

Daily Lift #396, *Taking Action*, p. 38

“Create the habit of taking action right away. To make anything a habit, you keep doing something many times. The wise person doesn’t wait until a new habit becomes a habit. He acts the way he would act if he already had the habit. And then automatically his actions become a habit.”

## PATH TO GREATNESS

Joe Weider

“Strive for excellence, exceed yourself, love your friend, speak the truth, practice fidelity; honor your father and mother. These principles will help you master yourself, make you strong, give you hope, and put you on a path to greatness.”

## GREATEST OF MIRACLES

Rabbi Samuel M. Silver

“The greatest of all miracles is that we need not be tomorrow what we are today, but we can improve if we make use of the potentials implanted in us by God.”

## NEW YEAR’S PRAYER

Anonymous

“Heavenly Father, for this coming year  
Just one request I bring.  
I do not pray for happiness or any earthly thing.  
I do not ask to understand the way  
you lead me;  
But this I ask – teach me to do the  
thing that pleases You.  
I want to know Your guiding  
voice,  
To walk with you each day.  
Heavenly Father,  
Make me swift to hear and ready to obey;  
And thus the year I now begin  
A happy year will be,  
If I am seeking just to do  
The thing that pleases You.”



## WORK AT YOUR GAME

Deacon “Easy Ed” Macauley  
former NBA basketball player

“Just remember, that if you’re not working at your game to the utmost of your ability, there will be someone out there somewhere with equal ability who will be working to the utmost of his ability. And one day you’ll play each other, and he will have the advantage.”

## THAT MAN IS A SUCCESS

Robert Louis Stevenson

“The man is a success who has lived well, laughed often, and loved much; who has gained the respect of intelligent men and the love of children; who has filled his niche and accom-

## TWO KINDS OF LIGHT

James Thurber

“There are two kinds of light – the glow that illumines, and the glare that obscures.”

## GOING FOR THE GOLD

Denis Waitley PRIORITIES, Vol. 3, # 4

“Self-esteem is a combination of self-worth and self-trust. Self-worth is being glad you are you, with your genes, your body, your background and your potential. Self-trust is the functional belief in your own ability positively and effectively to control what happens to you in a world of uncertainty. The first gives you a feeling of optimism. The second gives you empowerment.”



## NATIONAL MORALITY

George Washington

“Reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principles.”

## PRAYER IN DAILY LIFE

Rev. Robert H. Schuller

“Ask God questions and then, this is very important, *listen*. Be quiet, be peaceful and wait.

Ask, wait, listen. You ask a question, you relax and you wait and you listen. God said, ‘Call upon me and I will answer you.’

Wait for an answer. Its shocking, you know, how many people say, ‘Hello, how are you?’ and suddenly, they are gone. Never waiting for your answer to their question.

Many of us are guilty of the same shortcoming in our conversations with God. We do all the talking. We may even ask questions. But how many of us actually expect and wait for God to answer?...Ask questions. Wait and listen.”

## LIFE'S NEW DIRECTION

Anonymous

SUNDAY SERMON MASTERPIECE COLLECTION, CD-ROM

Often we are like the young woman who wanted to point her life in a new direction. She went into a church, took paper and pen, and proceeded to write down a long list of things she was going to do to change her life. She signed the paper, placed it on the altar and then sat down to wait for God's approval.

After a time, the voice of God spoke to her

inner heart: “You are going about this all wrong. Tear up what you have written.”

Reluctantly, the young woman followed God's instruction. Then she heard the voice of God speak to her listening heart, “Take a blank sheet of paper and sign your name to it at the bottom. Place it on the altar and I'll fill it in.”

## TRUE KNOWLEDGE

Confucius

“To know that we know what we know, and that we do not know what we do not know, that is true knowledge.”

## APPLY & DO

Goethe

“Knowing is not enough; we must apply. Willing is not enough; we must do.”

## RISE UP!

Fr. Brian Cavanaugh, TOR

“Rather than stoop down to the circumstance; how about rise up for the occasion.”

## STATIO

Philip Yancey

“Reaching for God,” POSITIVE THINKING, 12/2002

“There is a monastic practice called *statio* that means, simply, stopping one thing before beginning another. Rather than rushing from one task to the next, pause for a moment and recognize the time between times....Before reading the Bible, pause and ask for a spirit of attention. Do this often. Do this often enough and even mechanical acts become conscious, mindful”

## BRING THE CANDLES

Henry Heintz

John F. Kennedy often closed his speeches with the story of Colonel Davenport, the Speaker of the House of Representatives in Connecticut: On May 19th in the 1780 the skies over Hartford darkened ominously, and some of the representative, glancing out the windows, feared the end time were at hand. Quelling a clamor for immediate adjournment, Davenport rose and said, “The Day of Judgment is either approaching, or its is not. If it is not, there is no cause for adjournment. If it is, I choose to be found doing my duty. Therefore, I wish that candles be brought.”

Rather than fearing what is to come, we are to keep the watch till Christ returns. Instead of fearing the dark, we are to be sparks of light, watching and waiting.