## Be That One Person

"Never forget that you are one of a kind. Never forget that if there weren't any need for you in all your uniqueness to be on this earth, you wouldn't be here in the first place. And never forget, no matter how overwhelming life's challenges and problems seem to be, that one person can make a difference in the world. In fact, it is always because of one person that all the changes that matter in the world come about. So be that one person."

## R. Buckminster Fuller

We have a tendency to compare ourselves to others and use it as a way to diminish our own accomplishments, or on the flip side, to feel superior to other people.

Today, let all of that go. Realize that you have a unique composite of skills and backgrounds. It doesn't matter what someone else has or doesn't have. What matters is that you use that energy and focus to continue to create the kind of day and the kind of life that you want.

Win Your Day! Steve Gilbert

If you are not on Steve Gilbert's Win Your Day! email list, but would like to be added, email him at winyourday@gmail.com