



What Is Your Purpose?

Steve Gilbert

If you can't immediately give a short answer to that question then you would be best served by doing some soul searching today and coming up with one.

A purpose is different from a goal.

Having a purpose is something to build our lives around. We will feel most fulfilled when our purpose influences how we live our lives and the choices that we make.

A purpose is not something that you find. It is something that you create.

I have to give an assist to former Major League shortstop John McDonald for helping create my purpose. When Johnny Mac got traded from the Diamondbacks I called to wish him well and to thank him for his time he gave me for interviews while he was in an Arizona uniform.

He surprised me with his response: "I want to thank you for always having a smile on your face and for always being upbeat. You're a positive influence in a negative game."

I realized right then that was what my purpose was going to be. I was going to be a positive influence in what can be a negative world. That led me eight months later to follow then-Pirates manager Clint Hurdle's example and send out a daily positive email.

I don't know where else that purpose will lead me but knowing what my purpose is gives me energy and adds passion to my life and influences everything from how I approach my job and coworkers to how I interact with people on the street.

Today, ask yourself what your purpose is. If you hesitate in answering that question or can't sum it up in a concise manner then spend some time thinking about it. Create a purpose that excites you. It will help you get through the tough times and add meaning to your life each and every day.

"Never cease chiseling your own statue."

Plontinus

Win Your Day!

Steve Gilbert

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