7 Ways to Make Today a Better Day:

Jon Gordon September 29, 2022

- 1. Look for the good.
- 2. Appreciate the little things.

3. Be a helper.

- 4. Tell someone they matter.
- 5. Give more than you take.
- 6. Speak words of encouragement and hope (to yourself and others).
 - 7. Believe the best is yet to come.

