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Apple Seeds® begins its 41st year of sowing “seeds” of inspiration and motivation. The intent of this publication is to provide quotations and short stories from eclectic sources that promote positive attitudes and personal development of holistic human potential – from tiny seeds to ripened fruit. Your favorite quotes, stories or suggestions that would enhance Apple Seeds® are appreciated. Send them to the above address.

Plant these “seeds” well and water often. Enjoy!

I CAN COURSE

Zig Ziglar

“The key is *expectation*. When we read a book, take a class, or attend a seminar, we must have high expectations for what we can discover and learn ... ‘What you put into a key learning experience determines what you get out.’”



skills. To raise new questions, new possibilities, to regard old problems from new angles requires creative imagination and marks real advances in science.”

EDUCATION HAS TO BE WON

Elbert Hubbard

“In 420 B.C. Socrates said, ‘If I had my say, I would set all young folks at work, and send the old ones to school.’”

What Socrates meant was that after you have battled a bit with actual life and begun to feel your need for education, you are, for the first time, ready to take advantage of your opportunities and learn.

Education is a matter of desire. And education cannot be imparted. It has to be won, and you win by working. The best educated people are those who get their brain development out of their daily work, or at the time they are doing the work. It takes work to get an education; it takes work to use it; and it takes work to keep it.”

ON PEACE

Spinoza

“Peace is not the absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, and justice.”

CREATIVE ACHIEVEMENT

Earl Nightingale, *Insight* #70

“If, despite our gnawing doubts, we can muster faith enough to take a single step on the road to where we are going, we are on the way to creative achievement. Every triumph of the human spirit begins with one step taken in faith. The single step is the small movement to great matters.”

TESTS OF COURAGE

Charles Swindoll

“The real tests of courage are quiet. They are the inner tests, like remaining faithful when nobody’s looking, like enduring pain when the room is empty, like standing alone when you’re misunderstood.”



GREATNESS IS MEASURED Rev. Wm. J.H. Boetckr

“Your greatness is measured by your kindness; your education and intellect by your modesty; your ignorance is betrayed by your suspicions and prejudices, and your real caliber is measured by the consideration and tolerance you have for others.”

CREATIVE IMAGINATION

Dr. Albert Einstein

“The mere formulation of a problem is far more essential than its solution, which may be merely a matter of mathematical or experimental

BASIC REASON WE GET ANGRY

Rabbi Zelig Pliskin

“A basic reason we get angry is because we exaggerate the importance of things. When we realize that something is trivial and unimportant,

we don't become angry.

Whenever you feel angry about something, try to see how petty the matter is in the big picture. The vast majority of occurrences fall into this category. Keep in mind that we are in this world for very short time, and the things that upset us are of minor importance in the entire scheme of the universe."

LISTENING Fr. Joseph Kenna, FAITH TODAY

"Recent studies indicate that most people do not listen very well.

It is a common belief that listening is a passive activity that takes little effort. Quite the opposite is true.

Listening is hard work. It takes constant dedication to achieve both skills and the spiritual depth needed for good listening.

Caring people are good listeners. And listening has as much to do with feelings as it does with facts."



A SACRED OBLIGATION Grenville Kleiser

"To live at this time is an inestimable privilege, and a sacred obligation devolves upon you to make right use of your opportunities."

THE CLIMATE OF GROWTH Earl Nightingale

"Understanding the importance of self-esteem and seeing the never-ending need for reaffirmation of a person's worth, we should make it our business to watch for honest opportunities to give praise — especially to the members of our families and those with whom we work."

LEARN TO FAIL FORWARD Source Unknown

One of the wisest of our American businessmen was John Henry Patterson who founded the National Cash Register company in Dayton, Ohio. He employed young men, giving them difficult and responsible tasks to see how they would handle themselves. He particularly watched to see how they handled their mistakes, saying that no one was competent who was afraid of making a mistake. Then he watched to see if they had quality of mind to overcome the mistake and do

better the next time.

Thus, Mr. Patterson surrounded himself with astonishing capable businessmen; men not afraid to fail, men who could learn from their failures.

TOO MUCH CAUTION Og Mandino, *The Choice*

"So many of us think ourselves into smallness, into inferiority, by thinking downward. We are held back by too much caution. We are timid about venturing. We are not bold enough. And so we die before we reach middle age, although we will not be lowered into the ground until we pass three score and ten.

What happened to the grand dreams of our youth? They were struck down by our own caution, our own lack of faith in ourselves and our own abilities. Opportunities? There were many. But always there was risk. Do we dare?

We vacillate. Time hurries by. Opportunity gone. We anguish. The years roll on. Finally,

we convince ourselves that it's too late and settle for cheap imitations of life. We envy the achievers. How lucky they are.

Today, I choose a better way to live!"

REFLECT A LITTLE SUNSHINE Anonymous

"In the immigrants district of a large city, a boy in ragged clothes was noticed with a small piece of a broken mirror in his hand. Holding it high in the air he moved it slowly back and forth, watching the narrow window many floors above him as he did so.

"What are you doing?" a man suddenly demanded as he roughly shook the youngster by the collar. "Like most street ruffians in this neighborhood, you're probably up to some mischief, aren't you, boy?"

The boy looked up into his accusers stern face and answered, "See that window way up there, mister? Well, I have a little brother who has a room on that floor. He's paralyzed. And the only sunlight he ever sees is what I shine up to him with my mirror!"

Do you reflect the Light of Christ so that someone in darkness may see the Light?