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Apple Seeds® begins its 42nd year of sowing “seeds” of inspiration and motivation. The intent of this publication is to provide quotations and short stories from eclectic sources that promote positive attitudes and personal development of holistic human potential — from tiny seeds to ripened fruit.

Plant these “seeds” well and water often. Enjoy!



COURAGE TO SUCCEED

Bernard Edmonds

“To dream anything that you want to dream, that is the beauty of the human mind; to do anything that you want to do, that is the strength of the human will; to trust yourself to test your limits, that is the courage to succeed.”

A LIFE-LONG CHALLENGE Denis Waitley, *Insight*, # 84

“Becoming a total winner is a life-long challenge. I’m certainly not where I would like to be yet in practicing all the principles for success. But I’m making progress. Assuming that all of us can stand improvement, a basic decision has to be made to actually do something to change. Action is required.”

ANSWERED PRAYERS

Rabbi Morris Adler

“Our prayers are answered not when we are given what we ask for, but when we are challenged to be what we can be.”

PRELUDE TO FAITH

Reinhold Niebuhr

“Humor is a prelude to faith, and laughter is the beginning of prayer.”

ABOUT AVERAGE

Anonymous

“If at first you don’t succeed, you’re running about average.”

PUSH YOURSELF

Anonymous

“It takes courage to push yourself to places that you have never been before ... to test your limits ... to break through barriers.”

SOMETHING BEYOND

Ralph Waldo Emerson

“Unless you do something beyond what you have already mastered, you will never grow.”

ON VIOLENCE

Susan Baugh

Society for Prevention of Violence, Vol. 21, # 3

“Violence is an action — a hit, a smack, a shot.

Violence is a way of life — composed, learned, remembered

Violence is carried by — words, thoughts, deeds. Violence is the disease of — hate, inequality, fear. Violence eats the soul, it — rips, tears, cuts. Violence is the key to — unhappiness, hurt, pain. Stop the violence, TODAY!”

PRICE OF SUCCESS

Coach Vince Lombardi

“The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.”

OVER AND ABOVE

Charles Kendall Adams

“No one ever attains very eminent success by simply doing what is required ...; it is the amount and excellence of what is over and above the required that determines the greatness of ultimate distinction.”

ACT OF HEROISM

Theodore H. White

“To go against the dominant thinking of your friends, of most of the people you see every day, is perhaps the most difficult act of heroism you can have.”



from JoyfulNoiseletter.com
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MY LAST WORDS

William James

“These, then, are my last words to you: Be not afraid of life. Believe that life is worth living and your belief will help create the fact.”

ON HOPE

Anonymous

“Hope sees the invisible, feels the intangible and achieves the impossible.”

FOUR STEPS TO ACCOMPLISHMENT

Anon.

“There are four steps to accomplishment:

- ✧ Plan Purposefully.
- ✧ Prepare Prayerfully.
- ✧ Proceed Positively.
- ✧ Pursue Persistently.”

WISDOM, SKILL & VIRTUE

David Starr Jordan

“Wisdom is knowing what to do next,
skill is knowing how to do it,
and virtue is doing it.”

BEING A VISIONARY LEADER

Anon.

“If you want to accomplish great things you have to have vision. That means looking deep inside you and being guided by what you see there. It also means looking outward, to a place on the far horizon, and persuading others to follow you there. Then you will not only be a visionary, but a leader.”

ACHIEVE OUR GOALS & DREAMS

Mark Twain

“Inherently, each one of us has the substance within to achieve whatever our goals and dreams define. What is missing from each of us is the training, education, knowledge and insight to utilize what we already have.”

POWER TO SHINE

Anonymous

There was a student who took his car to an auto shop and told the mechanic, “Something’s wrong. I don’t have any lights.”

The mechanic suggested, “It’s probably the battery that’s dead.”

“No,” the student explained, “My horn still blows, it can’t be the battery.”

The mechanic replied, “It still might be the battery because it takes more power to give light

than to blow a horn.”

An interesting point, is it not? It’s easier to toot than to shine. It’s easier to say than to do.

Gifts & Responsibility

James F. Colaianni

“We find it easier to accept the gifts than to exercise the responsibilities. Why? Because carrying out our mandate from Christ means change — for all of us. The terrible temptation is with us always — as a people and in our personal lives — to settle for the lifestyle that seems to offer the most comfort and security.”

HAVE WE MISSED OUT?

Elizabeth-Anne Vanek

“Along the road of life, we can lose our focus. We can forget the idealistic dreams of our youth, settling instead for what is practical and expedient. We may begin to value safety over adventure, luxury over generosity, comfort over self-giving, predictability over spontaneity. Then, firmly settled in our ways, we discover we may have missed out on something ...”

ONLY WAY TO PLAY

LEADERSHIP, July 1992

Winning is only worthwhile when you win with your principles intact. Although there is no more emphasis on winning in this generation than there was in any other, sometimes it seems that nowadays we’re talking about winning at all costs.

In the 1925 U.S. Open, the famed Bobby Jones penalized himself a stroke when his ball moved slightly in the rough as the blade of his iron touched the turf. No one could possibly have seen the ball move. The penalty dropped Jones into a tie with golfer Willie McFarlane, who went on to win the playoff.

More than a half-century later, in the 1978 Hall of Fame Classic at Pinehurst, NC, Tom Kite did the same thing. His self-imposed penalty caused him to lose the tournament. When reporters asked both men why they took the penalties, they both said essentially the same thing: “There is only one way to play the game.”

... In sports, in business, and in life, *there’s only one way to play the game*. Winning, with your values upheld, should be celebrated. But winning in any other manner isn’t winning at all.

